START

META 20 km

META 42 km

META 63 km

PUNKT 9.5 km

PUNKT 25 km

PUNKT 49 km

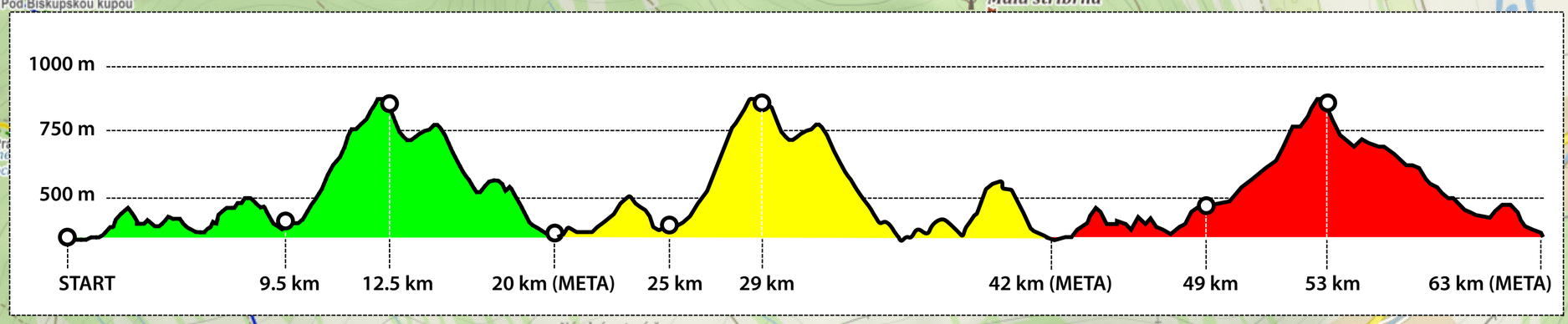
PUNKT 12.5 km

PUNKT 29 km

PUNKT 53 km

OSTRY ZBIEG (1 km)

OSTRY ZBIEG (1.5 km)

3x BISKUPIA KOPA

PÓŁMARATON MARATON ULTRA